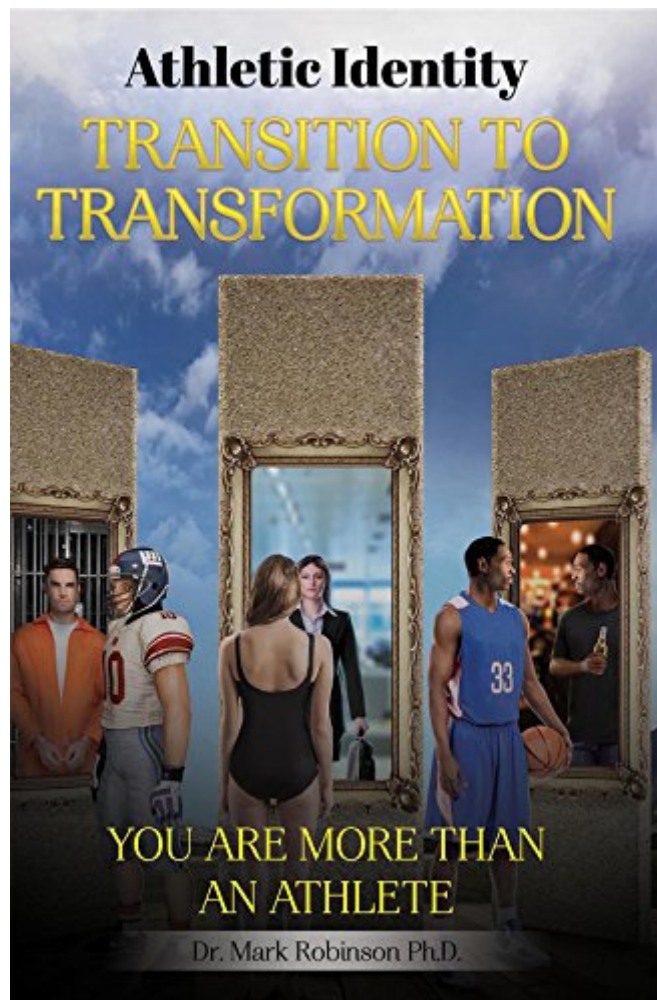




Ebook Directory
the best source of ebook

The book was found

Athletic Identity Transition To Transformation: You Are More Than An Athlete



Synopsis

Through decades of global research and observation of athletes at all levels, I have analyzed their thoughts, feelings, and behaviors. This book delivers an examination of the athlete's personal development process. Specifically, I explore the multi-level platform of the transition to transformation dynamics and detail how athletes are affected by external factors. This includes examining the circumstances that lead to a vulnerable athlete who lacks the developmental foundation needed to successfully build their personal character and manage the many transitions associated with sports participation. The essence of this book illustrates that: An athlete never knows who he/she is until they are no longer an athlete. By virtue of their beliefs, athletes choose an identity. This identity choice builds and drives both their internal foundation of character and their external projections of comfort, thus providing varying and often conflicting emotions when identifying as an athlete. These factors, when woven together, produce either ignorance or education that guide the athlete on a future journey of either sorrow and pain or joy and happiness. If used for its intended purpose, this book will assist athletes in understanding who they are, what they do well and, overall, what they can possibly become before reaching the final game of their careers. This allows the athlete to: Determine who they are while identifying as an athlete.

•Dr. Mark Robinson Ph.D.

Book Information

File Size: 7085 KB

Print Length: 160 pages

Publisher: Personal Player Development; 1 edition (August 11, 2017)

Publication Date: August 11, 2017

Sold by: Â Â Digital Services LLC

Language: English

ASIN: B074RYJPHW

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #316,829 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #37

inÃ Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Sports Health & Safety #64
inÃ Â Books > Health, Fitness & Dieting > Sports Health & Safety #1474 inÃ Â Kindle Store >
Kindle eBooks > Nonfiction > Self-Help > Personal Transformation

[Download to continue reading...](#)

Athletic Identity Transition To Transformation: You are more than an athlete Management Strategies
in Athletic Training-4th Edition (Athletic Training Education) Emergency Response Management for
Athletic Trainers (Lww's Athletic Training Education) Core Concepts in Athletic Training and
Therapy With Web Resource (Athletic Training Education) Enhance or Destroy Your Athletic
Career: Relationship Lessons from an Elite Athlete Mathematical Proofs: A Transition to Advanced
Mathematics (3rd Edition) (Featured Titles for Transition to Advanced Mathematics) Nursing Today:
Transition and Trends, 8e (Nursing Today: Transition & Trends (Zerwekh)) How to Grow More
Vegetables, Ninth Edition: (and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever
Thought Possible on Less Land with Less Water Than You Can Imagine How to Grow More
Vegetables, Eighth Edition: (and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever
Thought Possible on Less Land Than You ... (And Fruits, Nuts, Berries, Grains,) New England
Waterfalls: A Guide to More Than 400 Cascades and Waterfalls (Second Edition) (New England
Waterfalls: A Guide to More Than 200 Cascades & Waterfalls) Transformers: More Than Meets the
Eye (2011-) Vol. 1: More Than Meets the Eye v. 1 More Than This (More Than Series Book 1) The
Actor's Book of Contemporary Stage Monologues: More Than 150 Monologues from More Than 70
Playwrights I Am More Than One: How Women with Dissociative Identity Disorder Have Found
Success in Life and Work Gay Spirituality: The Role of Gay Identity in the Transformation of Human
Consciousness (White Crane Spirituality Series) You Wouldn't Want to Be a Greek Athlete!: Races
You'd Rather Not Run Grace: More Than We Deserve, Greater Than We Imagine Slow Fat
Triathlete: Live Your Athletic Dreams in the Body You Have Now You Wouldn't Want to Be a Greek
Athlete! The Encyclopedia of Sports Parenting: Everything You Need to Guide Your Young Athlete

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)